

If you are looking to re-design how you see the world and how you are in it, this course will help you in more ways than you may imagine

Intuitive Perception and Energy Diagnosis



Meredith Young-Sowers
Stillpoint Foundation

9-Week Program

Offered with the wisdom of **Meredith Young-Sowers** PLUS your own personal teacher, **Maxine Bornstein**, to guide you through the course



Maxine Bornstein
Reiki By The Sea

So many of us rush through our days, just getting by, with hope that tomorrow will be better or different. Many of us look back over our lives with regret and sadness. This extraordinary program, created by Dr. Meredith Young-Sowers founder of [Stillpoint Foundation](#), is designed to give you the essential understandings of how living with awareness of our True Self – opens up a vast new horizon of purpose, fulfillment, self-love, appreciation for life, and awareness of Spirit’s presence in our lives and relationships. As your days and your perceptions change, so will your life and level of happiness and peace.

Program Benefits

- make the desired changes that you have wanted in your life, but haven’t been able to on your own
- learn tools that empower you to deal with major and everyday-life challenges
- learn energy medicine and how the body heals
- realize life-skills that are essential in order to make good choices and learn from your previous challenges
- understand how powerful thoughts, perceptions & emotions are and how to use this to heal on all levels
- attend personalized teaching sessions via Maxine for support, answers to questions, help synthesizing the work, and group exercises
- receive a 124-pg workbook from Stillpoint

[Read more](#)

Offered by

Maxine Bornstein, RN, MS, Reiki Master/Teacher

ReikiByTheSea.com

Contact Maxine to discuss your questions or to register

Maxine@ReikiByTheSea.com 508-292-5258



Upcoming Sessions

9 Weeks starting Monday

February 25, 2019

11am-1pm

Held at my Boston office

Check my [schedule](#) online for location/more info.

Makeup classes available

“The on-site teaching and group was truly an invaluable asset. Maxine is a wonderful teacher, very patient, easy to understand and presents lots of visuals. Also being able to openly talk about the course material enhanced the absorption rate and furthered our personal healing.”
Christine M. (student)

Maxine graduated from the *Stillpoint School of Integrative Life Healing* in 2002 and went on to earn her credentials as a Certified Intuitive Healer and Certified teacher of this work.